

CONFERENCE PAPERS



DR CATHERINE SYKES
THERAPY • COACHING • CONSULTANCY •

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Sykes, C. (2020). Managing fear & anxiety around COVID-19. UK Mental Health and COVID-19 Webinar.

Riaz, S and Sykes, C, (2016). Can a text message programme modify illness and medication beliefs in people with inflammatory disease? Aberdeen: 30th Conference of the European Health Psychology Society.

Kalsi, P., Turkistani, W., Sykes, C. Lucas, A. & Zarnegar, R. (April 2014). Work is a beautiful thing...." Exploring attitudes towards employment in chronic pain (CP) patients attending a pain management programme (PMP). The British Pain Society Annual Scientific Meeting.

Stiell, M & Sykes, C. (2013). A critical discourse analysis of paramedics' talk about their administration of analgesia to patients who are cognitively impaired. Bradford, 8th International Society of Critical Health Psychology.

Herberts, C., Marks, D., Sykes, C., & Cain, S. (2010). Improving the Uptake of Stop Smoking Services by Pregnant Smokeers. A Qualitative Study Identifying the Perceptions of Pregnant Smokers and Midwives. Manchester. Health Promoting Hospitals and Health Services Conference.

Herberts, C., Marks, D., Sykes, C., & Cain, S. (2010). Improving the Uptake of Stop Smoking Services by Pregnant Smokeers. A Qualitative Study Identifying the Perceptions of Pregnant Smokers and Midwives. Belfast: 13th Division of Health Psychology Annual Conference.

Nash, D., Sykes, D., Eldred, C. (2010). An Interpretative Phenomenological Analysis of the Experience of 'Self Confessed' Female Binge Drinkers. Belfast: 13th Division of Health Psychology Annual Conference.

Kalsi, P., Marks, D., Estacio, E. & Sykes, C. (2009). A Mixed Methodological Evaluation of a Health Trainer Training Programme: Future Directions for Health Promotion Evaluation. Lausanne: International Critical Health Psychology Conference.

Vangeli, E., Sykes, C. & West, R. (2008). What smokers say about stopping and relapsing. Birmingham:UK National Smoking Cessation Conference.

Tang, R. & Sykes, C. (2008). Empowerment in Dementia Care. UK Dementia Congress.

- Sykes, C. (2007). A case study of a cognitive behavioural intervention for heart failure patients. Barcelona: World Congress of Behavioural and Cognitive Therapies.
- Murray, E. & Sykes, C. (2007). An evaluation of a one hour group intervention in Phase III Cardiac Rehabilitation. Barcelona: World Congress of Behavioural and Cognitive Therapies.
- Learmouth, D. & Sykes, C. (2007). A systematic review of computerised interventions for the prevention of eating disorders. Nottingham: 10th Division of Health Psychology Annual Conference.
- Murray, E. & Sykes, C. (2007). Leicester: Psycho-education in Phase III Cardiac Rehabilitation. Midlands: Health Psychology Network Conference.
- Dore, S. & Sykes, C. (2007). Black minority ethnic ,ethnic minority, minority group. The impact of these terms and their subsequent classifications in public health practice and health service uptake. Hasselt: 21st Conference of The European Health Psychology Society.
- Kalhar, R. & Sykes, C. (2006). The experience of seeking medical assistance and undergoing elective treatment for coronary heart disease, for first generation Punjabi Sikh females. Essex: 9th Division of Health Psychology Annual Conference.
- Sykes, C., Bicheno, S. & Gordon, E. (2006). A multi-perspective participatory evaluation of an interactive CD for coronary heart disease. Athens: 26th International Congress of Applied Psychology.
- Tang, R. & Sykes, C. (2006). Improving access to more effective services and promoting mental health for the Chinese community: Lessons for practice and research. Birmingham: NIMHE National Conference.
- Marley, P., Sykes, C. M. & Boseran, C. (2005). Is there a relationship between anxiety, depression and self-reported outcomes at the end of cardiac rehabilitation? London: University Hospital Lewisham Research Day.
- Sykes, C.M. (2005). Using patient narratives to improve cardiac services. Sheffield: International Society of Critical Health Psychology.
- Piotrowska-Smart, E. & Sykes, C.M. (2005). Understanding older people's experience of the health service using photography. Sheffield: International Society of Critical Health Psychology.
- Marshall, K., Nelson, S. & Sykes, C.M. (2005). Evaluation of the Angina Plan in a Rapid Access Chest Pain Clinic. Manchester: British Cardiac Society Annual Scientific Conference.

Bicheno, S. & Sykes, C.M. (2004). A pilot to test the efficacy of a computer programme to address patient misconceptions about Coronary Heart Disease. London: Third National Coronary Heart Disease Collaborative Conference.

Sykes, C.M. (2003). Sharing an experience of implementing theory in practice: The Coronary Heart Disease Partnership. Stoke: BPS Division of Health Psychology Annual Conference.

Sykes, C.M. (2003). Implementing a 'Treat and Return' pilot: Evaluation of the patient's perspective. Birmingham: Second Coronary Heart Disease Collaborative Revascularisation National meeting.

Sykes, C.M., Willig, C. Marks, D. (2002). Discourses in the EC's Health Promotion Programme. Lisbon: 16th Conference of the European Health Psychology Society.

Tang, R. & Sykes, C.M. (2001). Spirituality and health among the Chinese elderly in London. Aston: Second International Conference on Critical & Qualitative Approaches to Health Psychology

Marks, D.F. & Sykes, C.M. (2000). Dealing with dementia: New European research. Thessaloniki: Greek Association of Alzheimer's Disease 1st National Conference .

Marks, D.F. & Sykes, C.M. (1999). A randomised controlled trial of cognitive behaviour therapy for smokers. Florence: 13th Conference of the European Health Psychology Society. Invited paper.

Marks, D.F. Sykes, C.M., Pitt, C., & Thomas, S. (1999). Sense of coherence and burden in informal carers of persons with Alzheimer's Disease. Florence: 13th Conference of the European Health Psychology Society. Invited paper.

Marks, D.F. Sykes, C.M., Rasmussen, L. (1998). Alzheimer's Disease: The European approach. Madrid: European Conference on Alzheimer's Disease and Public Health.

Sykes, C.M. & Marks, D.F. (1997). INTERNET QUIT FOR LIFE (IQFL): A smoking cessation programme on the internet. Bordeaux: 11th Conference of the European Health Psychology Society.

Symposium Convenor

Using cognitive behaviour therapy in health psychology interventions. Barcelona: World Congress of Behavioural and Cognitive Therapies, 2007.